

### Suitable alternatives for withdrawn qualifications (July 2026)

#### Gym Instructing and Personal Training

Group	Withdrawn qualification		Recommended replacement qualification
Level 2	603/2692/X	Active IQ Level 2 Certificate in Gym Instructing	610/4546/9 Active IQ Level 2 Technical Occupational Entry in Fitness Coaching (Certificate)  Or  610/5181/0 Active IQ Level 2 Certificate in Fitness Coaching launching in May 2026
Level 3	500/8820/8	Active IQ Level 3 Certificate in Personal Training	610/3922/6 Active IQ Level 3 Technical Occupational Entry in Personal Training (Diploma)  Or  610/5189/5 Active IQ Level 3 Diploma in Personal Training launching in May 2026
	603/0895/3	Active IQ Level 3 Diploma in Personal Training	
Level 4	603/1539/8	Active IQ Level 4 Certificate in Advanced Personal Training	This qualification is being withdrawn due to low market demand.  There will be no future offer at Level 4.

#### Pilates

Group	Withdrawn qualification		Recommended replacement qualification
Matwork	600/6982/X	Active IQ Level 4 Certificate in Instructing Pilates Matwork	We're developing a brand-new Level 3 Pilates Matwork qualification to freshen up this content and include some of the units from Level 4. Launching in August 2026

#### Sports Massage

Group	Withdrawn qualification		Recommended replacement qualification
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<b>Sports Massage</b>	601/4930/9	Active IQ Level 3 Diploma In Sports Massage Therapy	610/3925/1 Active IQ Level 3 Technical Specialist in Sports Massage Therapy (Diploma)  Or  610/5190/1 Active IQ Level 3 Diploma in Sports Massage Therapy launching May 2026
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## Health and Fitness

Group	Withdrawn qualification	Recommended replacement qualification
<b>Health and Fitness</b>	603/6348/4	Active IQ Level 2 Diploma in Health and Fitness  This qualification is being withdrawn due to low market demand

## Leisure

Group	Withdrawn qualification	Recommended replacement qualification
<b>Active Leisure and Learning</b>	500/7410/6	Active IQ Level 3 Award in Employment Awareness in Active Leisure and Learning  These qualifications are being withdrawn due to low market demand.  There will be no future offer in Active Leisure and Learning

## Specialist Clients

Group	Withdrawn qualification	Recommended replacement qualification
<b>Children</b>	603/6755/6	Active IQ Level 2 Award in Instructing Physical Activity for Children  610/4551/2 Active IQ Level 2 Technical Specialist in Instructing Physical Activity for Children (Award)
<b>Adolescents</b>	603/4112/9	Active IQ Level 2 Award in Leading Physical Activity for Adolescents  610/4553/6 Active IQ Level 2 Technical Specialist in Physical Activity and Exercise for Adolescents (Award)
<b>Older Adults</b>	601/1148/3	Active IQ Level 3 Award In Designing Exercise Programmes for Older Adults  610/3924/X Active IQ Level 3 Technical Specialist in Optimising Training for the Ageing Client (Award)
<b>Long Term Conditions</b>	603/5991/2	Active IQ Level 3 Online Diploma in Supporting Clients  We are making some necessary changes to the existing 603/5836/1 Active IQ Level 3 Diploma in Supporting Clients with Long-term Conditions to ensure this meets market needs.

		with Long-term Conditions	A new version will be launching 1 August 2026
	600/5105/X	Active IQ Level 3 Diploma In Exercise Referral	
	603/1067/4	Active IQ Level 3 Award in Designing Exercise Programmes for Disabled Clients	
<b>Pre- and Post-Natal</b>	603/3592/0	Active IQ Level 3 Award in Supporting Pre and Postnatal Clients with Exercise and Nutrition	<p>610/3923/8 Active IQ Level 3 Technical Specialist in Adapting Physical Activity for Antenatal and Postnatal Clients (Award)</p> <p>Or</p> <p>610/5187/1 Active IQ Level 3 Award in Adapting Physical Activity for Antenatal and Postnatal Clients launching May 2026</p>

#### **Nutrition and Health**

<b>Group</b>	<b>Withdrawn qualification</b>		<b>Recommended replacement qualification</b>
<b>Nutrition and Health</b>	603/2784/4	Active IQ Level 3 Award in Nutrition for Exercise and Health	<p>These qualifications are being withdrawn due to low market demand.</p> <p>There will be no future offer at Level 3 or 4 in Nutrition and Health, however the 601/2039/3 Active IQ Level 2 Award In Understanding Nutrition, Performance and Healthy Eating is still available.</p>
	603/4330/8	Active IQ Level 4 Certificate in Nutrition Coaching	

#### **Specialist Training**

<b>Group</b>	<b>Withdrawn qualification</b>		<b>Recommended replacement qualification</b>
<b>Circuit Sessions</b>	603/6734/9	Active IQ Level 2 Award in Instructing Circuit Sessions	<p>610/4549/4 Active IQ Level 2 Technical Specialist in Instructing Circuit Training (Award)</p> <p>Or</p> <p>610/5180/9 Active IQ Level 2 Award in Instructing Circuit Training launching August 2026</p>

<b>Kettlebells</b>	603/6735/0	Active IQ Level 2 Award in Instructing Kettlebells	<p>610/4550/0 Active IQ Level 2 Technical Specialist in Instructing Kettlebell Training (Award)</p> <p>Or</p> <p>610/5182/2 Active IQ Level 2 Award in Instructing Kettlebell Training launching August 2026</p>
<b>Studio Cycling</b>	603/6736/2	Active IQ Level 2 Award in Instructing Studio Cycling	<p>610/4552/4 Active IQ Level 2 Technical Specialist in Instructing Studio Cycling (Award)</p> <p>Or</p> <p>610/5183/4 Active IQ Level 2 Award in Instructing Studio Cycling launching August 2026</p>
<b>Water-Based Exercise</b>	603/6754/4	Active IQ Level 2 Award in Instructing Water-based Exercise	<p>610/4554/8 Active IQ Level 2 Technical Specialist in Instructing Water-based Exercise (Award)</p> <p>Or</p> <p>610/5184/6 Active IQ Level 2 Award in Instructing Water-based Exercise launching August 2026</p>
<b>Suspended Movement</b>	601/1634/1	Active IQ Level 2 Award In Instructing Suspended Movement Training	<p>This qualification is being withdrawn due to low market demand.</p> <p>There will be no future offer in Suspended Movement.</p>

#### Education

Group	Withdrawn qualification		Recommended replacement qualification
<b>Education</b>	601/1248/7	Active IQ Level 3 Certificate In Supporting the Delivery of Physical Education and School Sport	. This qualification is being withdrawn due to low market demand