

Qualification categories (September 2026)

Live qualifications

Qualification number	Qualification name
603/6347/2	Active IQ Level 1 Award in Assisting Sport and Physical Activity Sessions
601/4120/7	Active IQ Level 1 Award In Fitness and Physical Activity
500/7855/0	Active IQ Level 1 Award in Active, Healthy Living
603/4977/3	Active IQ Level 2 Award in Pool Operations
603/3794/1	Active IQ Level 2 Award in Mental Health Awareness
601/3891/9	Active IQ Level 2 Certificate In Leading Health-Related Activity Sessions
601/2039/3	Active IQ Level 2 Award In Understanding Nutrition, Performance and Healthy Eating
603/3363/7	Active IQ Level 2 Certificate in Group Training
610/5184/6	Active IQ Level 2 Award in Instructing Water-based Exercise
610/5183/4	Active IQ Level 2 Award in Instructing Studio Cycling
610/5182/2	Active IQ Level 2 Award in Instructing Kettlebell Training
610/5181/0	Active IQ Level 2 Certificate in Fitness Coaching
610/5180/9	Active IQ Level 2 Award in Instructing Circuit Training
C00/5502/2	NCFE Active IQ Level 3 Certificate in Leisure Management (Wales only)

610/8000/7	Active IQ Level 3 Certificate in Physical Activity, Exercise and Referral for People with Long-Term Conditions
610/7753/7	Active IQ Level 3 Diploma in Instructing Pilates Matwork
610/7750/1	Active IQ Level 3 Certificate in Instructing Pilates Studio Reformer Sessions
610/5190/1	Active IQ Level 3 Diploma in Sports Massage Therapy
610/5189/5	Active IQ Level 3 Diploma in Personal Training
610/5187/1	Active IQ Level 3 Award in Adapting Physical Activity for Antenatal and Postnatal Clients
610/5027/1	Active IQ Level 3 Certificate in Leisure Management
610/4267/5	Active IQ Level 3 Diploma in Principles of Management and Business
610/3651/1	Active IQ Level 3 Certificate in the Principles of Management and Business
610/3325/X	Active IQ Level 3 Award in the Principles of Management
603/5836/1	Active IQ Level 3 Diploma in Supporting Clients with Long-term Conditions
603/4975/X	Active IQ Level 3 Award in Managing Pool Operations
603/4113/0	Active IQ Level 3 Extended Diploma in Personal Training

603/2693/1	Active IQ Level 3 Diploma in Gym Instructing and Personal Training
603/2388/7	Active IQ Level 3 Award in Emergency First Aid at Work
603/2387/5	Active IQ Level 3 Award in First Aid at Work
603/1161/7	Active IQ Level 4 Certificate in Strength and Conditioning
601/4929/2	Active IQ Level 4 Certificate in Sports Massage Therapy

Legacy qualifications

Qualification number	Qualification name
603/6346/0	Active IQ Entry Level 3 Award in the Principles of Leading an Active, Healthy Life
603/7230/8	Active IQ Level 1 Award in Influencing Health and Wellbeing
603/2783/2	Active IQ Level 1 Certificate in Sport and Physical Activity
601/4121/9	Active IQ Level 1 Award In Lifestyle Management
603/6348/4	Active IQ Level 2 Diploma in Health and Fitness
601/6041/X	Active IQ Level 2 Diploma In Physical Activity, Fitness and Exercise Science
610/5179/2	Active IQ Level 2 Award in Instructing Physical Activity for Children

610/5178/0	Active IQ Level 2 Award in Physical Activity and Exercise for Adolescents
603/7231/X	Active IQ Level 2 Award in Health and Community Activation
603/6755/6	Active IQ Level 2 Award in Instructing Physical Activity for Children
603/6754/4	Active IQ Level 2 Award in Instructing Water-based Exercise
603/6736/2	Active IQ Level 2 Award in Instructing Studio Cycling
603/6735/0	Active IQ Level 2 Award in Instructing Kettlebells
603/6734/9	Active IQ Level 2 Award in Instructing Circuit Sessions
603/4219/5	Active IQ Level 2 Award in Max Whitlock Gymnastics
603/4112/9	Active IQ Level 2 Award in Leading Physical Activity for Adolescents
603/2800/9	Active IQ Level 2 Certificate in Customer Service
603/2785/6	Active IQ Level 2 Award in Safeguarding and Protecting Children and Vulnerable Adults
603/2692/X	Active IQ Level 2 Certificate in Gym Instructing
601/3757/5	Active IQ Level 2 Certificate In Customer Service and Professional Development
601/3548/7	Active IQ Level 2 Diploma in Team Leading
601/3546/3	Active IQ Level 2 Diploma In Business Administration

601/3544/X	Active IQ Level 2 Diploma in Customer Service
601/2340/0	Active IQ Level 2 Certificate In Introductory Work in the Outdoors
601/2034/4	Active IQ Level 2 Award In Alcohol Awareness
601/2024/1	Active IQ Level 2 Award In Smoking Awareness and Cessation
601/1634/1	Active IQ Level 2 Award In Instructing Suspended Movement Training
601/1009/0	Active IQ Level 2 Award In Working with Communities to Promote and Support Active Healthy Lifestyles
601/0298/6	Active IQ Level 2 Certificate In Fitness Instruction and Self-Development in Active Leisure
600/8246/X	Active IQ Level 2 Certificate In Leisure Operations
501/0174/2	Active IQ Level 2 NVQ Certificate in Active Leisure, Learning and Well-being Operational Services
500/9806/8	Active IQ Level 2 NVQ Certificate in Activity Leadership
500/9640/0	Active IQ Level 2 NVQ Diploma in Instructing Exercise and Fitness
500/8756/3	Active IQ Level 2 Certificate in Fitness Instructing
500/7367/9	Active IQ Level 2 Award in Employment Awareness in Active Leisure and Learning
601/4930/9	Active IQ Level 3 Diploma In Sports Massage Therapy
601/6042/1	Active IQ Level 3 Diploma In Physical Activity, Fitness and Exercise Science

603/5991/2	Active IQ Level 3 Online Diploma in Supporting Clients with Long-term Conditions
603/6354/X	Active IQ Level 3 Diploma in Health and Fitness
603/6845/7	Active IQ Level 3 Award in Understanding the Development and Delivery of End-point Assessment
610/5185/8	Active IQ Level 3 Award in Principles of Nutrition for Exercise and Health
603/4976/1	Active IQ Level 3 Award in Operating Small Pools
603/3592/0	Active IQ Level 3 Award in Supporting Pre and Postnatal Clients with Exercise and Nutrition
603/2784/4	Active IQ Level 3 Award in Nutrition for Exercise and Health
603/1541/6	Active IQ Level 3 Diploma in Coaching Sports and Fitness
603/1540/4	Active IQ Level 3 Diploma in Coaching Sports
603/1162/9	Active IQ Level 3 Diploma in Fitness Instructing and Physical Activity
603/1067/4	Active IQ Level 3 Award in Designing Exercise Programmes for Disabled Clients
603/0895/3	Active IQ Level 3 Diploma in Personal Training
601/9003/6	Active IQ Level 3 Diploma in Personal Training for Health, Fitness and Performance
601/9002/4	Active IQ Level 3 Extended Diploma in Personal Training for Health, Fitness and Performance
601/8835/2	Active IQ Level 3 Award in Conditioning for Exercise and Sports Performance

601/8834/0	Active IQ Level 3 Award in Nutrition for Sport and Exercise Performance
601/8833/9	Active IQ Level 3 Award in Instructing Outdoor Fitness
601/3701/0	Active IQ Level 3 Diploma in Management
601/3547/5	Active IQ Level 3 Diploma in Business Administration
601/3545/1	Active IQ Level 3 Diploma in Customer Service
601/1248/7	Active IQ Level 3 Certificate In Supporting the Delivery of Physical Education and School Sport
601/1247/5	Active IQ Level 3 Diploma In Supporting the Delivery of Physical Education and School Sport
601/1152/5	Active IQ Level 3 NVQ Diploma in Sports Development
601/1148/3	Active IQ Level 3 Award In Designing Exercise Programmes for Older Adults
601/0143/X	Active IQ Level 3 Award In Education and Training
600/9744/9	Active IQ Level 3 Diploma In Personal Training and Business Skills for Fitness Professionals
600/5105/X	Active IQ Level 3 Diploma In Exercise Referral
600/4941/8	Active IQ Level 3 Diploma In Fitness Instructing and Personal Training
600/2090/8	Active IQ Level 3 Diploma In Teaching Yoga
600/1446/5	Active IQ Level 3 NVQ Diploma in Leisure Management

600/1266/3	Active IQ Level 3 Certificate in Leisure Management
501/1778/6	Active IQ Level 3 Diploma in Instructing Pilates Matwork
501/0168/7	Active IQ Level 3 Award in Assessing Competence in the Work Environment
501/0167/5	Active IQ Level 3 Award in Understanding the Principles and Practices of Assessment
501/0163/8	Active IQ Level 3 Certificate in Assessing Vocational Achievement
501/0162/6	Active IQ Level 3 Award in Assessing Vocationally Related Achievement
500/9305/8	Active IQ Level 3 NVQ Diploma in Personal Training
500/8820/8	Active IQ Level 3 Certificate in Personal Training
500/7410/6	Active IQ Level 3 Award in Employment Awareness in Active Leisure and Learning
610/5186/X	Active IQ Level 3 Award in Optimising Training for the Ageing Client
601/4931/0	Active IQ Level 4 Certificate In Physical Activity and Lifestyle Strategies for Managing Low Back Pain
601/3549/9	Active IQ Level 4 NVQ Diploma in Management
601/7964/8	Active IQ Level 4 Certificate in Education and Training
601/4932/2	Active IQ Level 4 Certificate In Physical Activity and Weight Management for Obese and Diabetic Clients
600/6982/X	Active IQ Level 4 Certificate in Instructing Pilates Matwork

603/4330/8	Active IQ Level 4 Certificate in Nutrition Coaching
603/3599/3	Active IQ Level 4 Certificate in Postural Assessment and Corrective Exercise
603/2799/6	Active IQ Level 4 Diploma in Primary Physical Education Practice
603/1539/8	Active IQ Level 4 Certificate in Advanced Personal Training
501/0826/8	Active IQ Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice
501/0179/1	Active IQ Level 4 Award in the External Quality Assurance of Assessment Processes and Practice
501/0169/9	Active IQ Level 4 Award in Understanding the Internal Quality Assurance of Assessment Processes and Practice
501/0165/1	Active IQ Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice
501/0052/X	Active IQ Level 4 Award in Understanding the External Quality Assurance of Assessment Processes and Practice
601/3550/5	Active IQ Level 5 NVQ Diploma in Management and Leadership

Technical qualifications

Qualification number	Qualification name
610/4554/8	Active IQ Level 2 Technical Specialist in Instructing Water-based Exercise (Award)
610/4553/6	Active IQ Level 2 Technical Specialist in Physical Activity and Exercise for Adolescents (Award)
610/4552/4	Active IQ Level 2 Technical Specialist in Instructing Studio Cycling (Award)

610/4551/2	Active IQ Level 2 Technical Specialist in Instructing Physical Activity for Children (Award)
610/4550/0	Active IQ Level 2 Technical Specialist in Instructing Kettlebell Training (Award)
610/4549/4	Active IQ Level 2 Technical Specialist in Instructing Circuit Training (Award)
610/4546/9	Active IQ Level 2 Technical Occupational Entry in Fitness Coaching (Certificate)
610/3925/1	Active IQ Level 3 Technical Specialist in Sports Massage Therapy (Diploma)
610/3924/X	Active IQ Level 3 Technical Specialist in Optimising Training for the Ageing Client (Award)
610/3923/8	Active IQ Level 3 Technical Specialist in Adapting Physical Activity for Antenatal and Postnatal Clients (Award)
610/3922/6	Active IQ Level 3 Technical Occupational Entry in Personal Training (Diploma)

International Programmes of Study

Qualification name
Active IQ Fitness Assistant programme
Active IQ Fitness Instructor programme
Active IQ Personal Trainer programme
Active IQ Principles of Nutrition for Exercise and Health programme