

AUGUST EDITION

Active iQ

Regulatory bulletin and key updates

Thursday 27 August

In this month's edition, you will:

- find out more about the qualification being withdrawn in December
- learn about the new qualifications launched in August
- receive an update from our EQA team as we begin the new academic year
- be reminded about Delivery of Results for the 2026/27 academic year.

Please ensure you cascade this email to all relevant colleagues who may need this information.

December withdrawal

We'll be withdrawing the legacy **Level 3 Diploma in Instructing Pilates Matwork (501/1778/6)** on Thursday 31 December 2026, as this has now been superseded by the new **[Level 3 Diploma in Instructing Pilates Matwork](#)**.

Key dates:

- Registration end date: 31 December 2026.
- Certification end date: 31 December 2029.

You can learn more about its newly redeveloped replacement below.

Now is a great time to be familiarising yourself with the new qualification and preparing to deliver this qualification from 1 January 2027. Over the coming weeks, we'll be launching a range of resources which can be used to support your delivery (note: these aren't mandatory qualification materials):

- Worksheets – available November 2026
- Manual and eManual – available November 2026
- eLearning Package – available January 2027.

To support you with preparing for this change, you can also find some additional support materials below:

- [A Mapping Document](#) which provides a summary of the key differences between the legacy qualification and the new version.
- [A video guide](#) supporting understanding and delivering the new assessment type.

While you'll still need to apply via Active Intel for the new version of this qualification, if you're currently delivering the legacy version you'll not require any further checks and your approval will be fast-tracked.

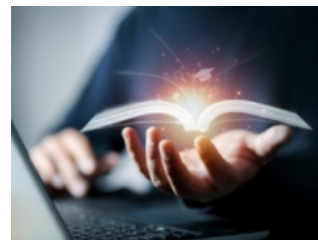
Please visit the [dedicated page on our website](#) to view the full list of withdrawn qualifications and dates.

If you're delivering any of these qualifications, **please ensure all learners are registered on or before their withdrawal date.**

For any queries you have about the withdrawn qualifications or if you would like to discuss suitable alternatives, please contact ev@activeiq.co.uk.

August qualifications launched

As part of our ongoing commitment towards ensuring qualifications reflect current industry requirements and professional standards, Active IQ has launched six specialist fitness qualifications this month.



Five qualifications have been redeveloped to ensure they continue to meet evolving industry needs, while a new qualification has been introduced in response to growing demand for specialist expertise in reformer Pilates.

The qualifications now available are:

- [Level 3 Certificate in Instructing Pilates Studio Reformer Sessions](#)

- [Level 3 Diploma in Instructing Pilates Matwork](#)
- [Level 2 Award in Instructing Circuit Training](#)
- [Level 2 Award in Instructing Kettlebell Training](#)
- [Level 2 Award in Instructing Studio Cycling](#)
- [Level 2 Award in Instructing Water-based Exercise](#).

The redevelopment of these qualifications aligns with current professional practice and employer expectations across the fitness sector, while providing centres with up-to-date qualifications for delivery.

The newly-introduced Level 3 Certificate in Instructing Pilates Studio Reformer Sessions has been developed in response to significant industry demand for regulated reformer Pilates training, providing learners with the specialist knowledge and practical skills required to instruct reformer Pilates sessions safely and effectively.

QA activities 2026-27

As we begin the new academic year after a busy summer period, the External Quality Assurance team will be reaching out to centres to understand programme delivery plans so that suitable activities can be scheduled.

Please continue to submit [Programme Notification Forms](#) (PNFs) for all courses and keep your allocated External Quality Assurer (EQA) up to date with any plans for delivery and the types of activities that you're planning.

Please contact your EQA directly if you have any questions about delivery across the new academic year.

Delivery of Results for the 2026/27 academic year

In early October, we'll be formalising full details of the processes required to confirm learner progression, alongside the requirements for the timely delivery of summer 2027 results.

Any updates to approaches, processes, or other relevant information will also be communicated at the same time.

To keep up to date with our latest news,
follow us on our social media channels.



Main office contact number: 01480 467950

www.activeiq.co.uk

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