



Qualification
Guidance

Level 2 Award in Alcohol Awareness

Qualification
Accreditation Number:
601/2034/4
Version AIQ004514

Active iQ

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Level 2 Award in Alcohol Awareness

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Introduction

The Active IQ Level 2 Award in Alcohol Awareness is at level 2 on the Regulated Qualifications Framework.

Guided learning hours: 27 **Total Qualification Time:** 30 **Credit:** 3

Minimum credit to be achieved at or above the level of the qualification:	3
Requirements other than the award of credit which need to be met before the qualification is awarded:	None
Exemptions:	None

Entry Requirements

- There are no specific entry requirements
- There is an element of communication (discussing, presenting, reading and writing) involved and learners should have basic skills in communication pitched at level 2

Qualification Outline

Target Learners:

- Learners aged 16+
- Fitness & Activity Instructors
- Community Workers
- Health Care Professionals

Aim:

To provide learners with knowledge and understanding of the effects, and health issues associated with alcohol misuse

Objectives:

- To provide learners with the knowledge to be able to calculate the units in different alcoholic drinks
- To provide learners with the knowledge to be able to understand the effects that alcohol use may have on others
- To provide learners with the knowledge to be able to understand the health issues associated with alcohol misuse
- To provide learners with the knowledge to be able to find out about agencies offering help and information on alcohol misuse

Progression:

This qualification provides progression on to:

- Fitness and Activity Leader qualifications e.g. Active IQ Level 2 Certificate in Fitness Instructing and the Active IQ Level 2 Award in Leading Health Related Activity Sessions
- Active IQ Level 2 Certificate in Promoting Community Health and Well Being
- Other health care qualifications

Links to National Occupational Standards:

There are direct links to Activity Leadership National Occupational Standards:

- AD1 Raise awareness about substances, their use and effects
- HSC0330 Support individuals to access and use services and facilities
- AD4 Develop and disseminate information and advice about substance use, health and social well-being

Tutors, Assessors and Internal Verifiers

Required Criteria

All Tutors, Assessors and Verifiers must:

- Possess a discipline specific qualification equivalent to the qualification being taught
- Have relevant industry experience
- Demonstrate active involvement in a process of industry relevant Continued Professional Development during the last two years

Tutors

Tutors must hold, or be working towards a teaching qualification.

The following are acceptable:

- Level 3 Award in Preparing to Teach in the Lifelong Learning Sector (PTTLS)
- Level 3 Award in Education and Training
- Level 4 Award in Preparing to Teach in the Lifelong Learning Sector (PTTLS)
- Level 4 Certificate in Teaching in the Lifelong Learning Sector (CTTLS)
- Level 4 Certificate in Education and Training
- Level 5 Diploma in Teaching in the Lifelong Learning Sector (DTTLS)
- Level 5 Diploma in Education and Training
- Certificate in Education

Assessor

Assessors must hold or be working towards any of the following:

- Level 3 Award in Understanding the Principles and Practices of Assessment or
- Level 3 Award in Assessing Vocationally Related Achievement or
- Level 3 Award in Assessing Competence in the Work Environment or
- Level 3 Certificate in Assessing Vocational Achievement, or
- A1 (previously D32, D33)

Internal Verifier

Internal verifiers must hold or be working towards any of the following:

- Level 4 Award in Understanding the Internal Quality Assurance of Assessment Processes and Practice or
- Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice or
- Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice or
- V1 (previously D34)

All new assessors and quality assurance staff must be given a clear action plan for achieving the appropriate qualification(s) and should be countersigned by an appropriately qualified individual until the qualification(s) are achieved.

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Qualification Structure:

Learners must complete the one mandatory unit (3 credits)

Unit	Unit Title	Level	Credits	Accreditation Number
1	Alcohol Awareness	Level 2	3 credits	R/504/8282

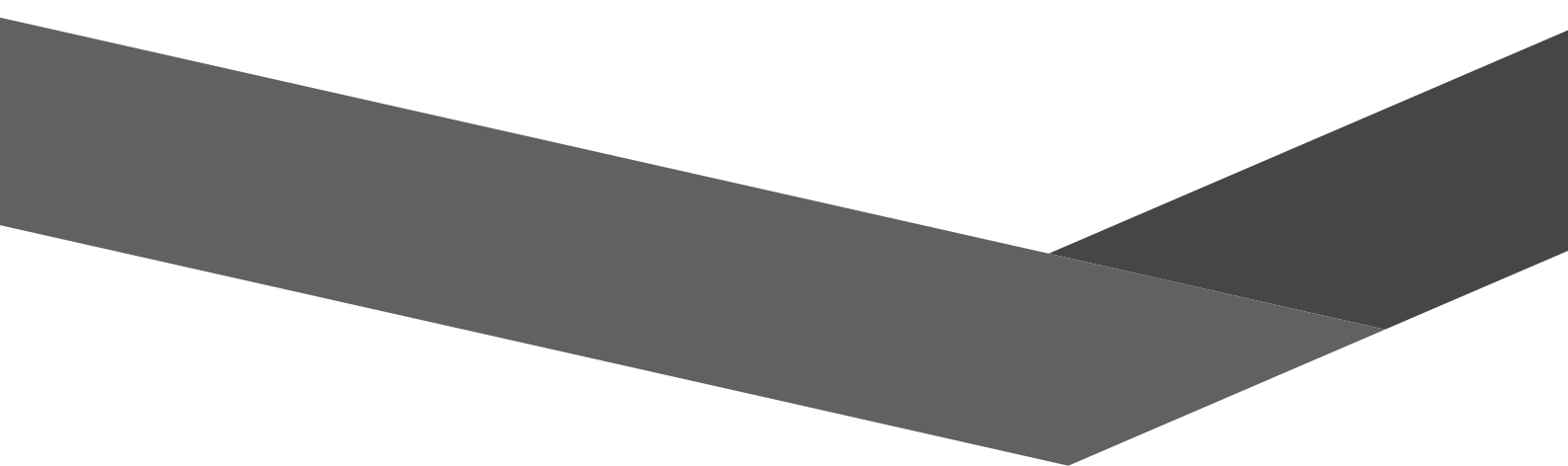
Learning outcomes The learner will:	Assessment criteria The learner can:
1. Know about differences in unit strengths	1.1 List alcoholic drinks 1.2 State the unit strengths of different types of alcoholic drink
2. Know about the effects that alcohol use may have on others	2.1 Describe reasons why people may misuse alcohol 2.2 Describe the effects that alcohol misuse may have on: <ul style="list-style-type: none"> • Family • Friends • Society
3. Understand the health issues associated with alcohol misuse	3.1 Describe the psychological effects of alcohol misuse 3.2 Explain the effects of alcohol misuse on: <ul style="list-style-type: none"> • Physical health • Emotional health 3.3 Describe the physical effects of withdrawing from alcohol 3.4 Describe the emotional effects of withdrawing from alcohol
4. Know about agencies offering help and information on alcohol misuse	4.1 List sources of help and information on alcohol misuse 4.2 Explain the identified sources of help and information
Assessment	Worksheet Presentation on alcohol awareness

Active IQ

Westminster House
The Anderson Centre
Ermine Business Park
Huntingdon PE29 6XY

T 01480 467 950
F 01480 456 283
info@activeiq.co.uk
www.activeiq.co.uk

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